



27th WT Taekwondo for All Committee Meeting (via conference call)
April 18, 2024 | 16h00-17h00 (KST)

SUMMARY

Attendees: Ms. Hadwah Moawad (Chair), Sister Linda Sim (Vice Chair), Ms. Dana Touran (Member), Mr. John Cullen (Member), Mr. Richard Barnor (Member), Ms. Seungmin Lee (Senior Director, MRD), Mr. Wooram Kim (Assistant Manager, MRD), Ms. Claudia Cardenas (Coordinator, MRD), and Ms. Asifa Ali (Intern MRD)

1. Establish Quorum

Five (5) members attended the meeting; thus, the quorum was established.

2. Approval of the Minutes

- *The minutes of the previous Committee meeting held on February 15, 2024, were approved by the Committee.*

3. Item

a. Athlete+ Program

- ***Ms. Hadwah Moawad** mentioned that in the Athlete+ Program, it is prioritized guiding athletes towards find the answers, mentors, and path. With various options like coaching, ambassador, sports administrator, and entrepreneurship, it is important to empower them to explore their potential. The tentative time for promotion is during the Olympic and Paralympic and Launching will be at the 2024 World Taekwondo Junior Championship.*
- *She continued that in this 5-step process, first, is exploring MNAs existing career transition programs. Secondly, athlete survey will be crafted and gathered the feedbacks from the WT Athlete Committee. Step three involves selecting mentors from World Taekwondo, showcasing their expertise for athletes to connect with. Forth, the online education program, ensuring accessibility and independence will be developed. Finally, there will be an internships, completing a comprehensive support system for athletes.*
- ***Mr. John Cullen** added that he was inspired by the progressive programs of the Canadian team and thought about how our Committee could enhance the pillars of coach, athlete, mentor, and entrepreneurship. Expanding the entrepreneurship pillar to include World Taekwondo sponsors could provide athletes with broader experiences. Additionally, creating internship programs where retired athletes from hosting regions focus on specific areas like coaching or ambassadorship could enrich our events and mentorship programs.*
- ***Ms. Dana Touran** said that the key is to ensure a survey's effectiveness and simplicity. She plans to keep it concise, focusing on four or five key areas with three to four questions each. This way, participants can easily answer the 20 to 30 questions, making the survey efficient and valuable.*
- *She noted that to ensure relevance, the survey questions will align with the programs and initiatives. Divided into four sections—career transition, financial planning, health, and community engagement—their answers will guide participants towards the most suitable program for them.*
- ***Ms. Hadwah Moawad** stressed that the program includes online recorded sessions for flexibility, followed by homework assignments and one-on-one mentor meetings. Live Zoom problem-solving sessions with mentors and peers will foster collaboration and support. The aim is to inspire athletes, provide knowledge, and create pathways for career transition while ensuring sustainability in World Taekwondo. This cycle will enhance our sport's future.*



- **Ms. Dana Touran** addressed that in the Athletes+ Program, the aim is to empower athletes to build their own paths. Whether they choose financial planning or community engagement, the program will provide coaching to help them excel independently. The goal is to teach them autonomy and empower them to exceed expectations.
 - **Ms. Hadwah Moawad** added that the program will host live Zoom problem-solving sessions with mentors and athletes. These group sessions encourage knowledge and experience sharing, fostering a sense of community and support. Designing the program with this inclusivity, it can enhance confidence among participants.
 - **Mr. John Cullen** mentioned that considering practicalities, it should be considered to athletes' time zones when pairing them with mentors. It is crucial to avoid imposing inconvenient schedules, ensuring a smooth mentorship experience. Additionally, safeguarding measures are essential, especially considering the young age of participants. Regular feedback from athletes can help identify any issues and ensure their safety and well-being throughout the program.
 - **Ms. Hadwah Moawad** said that the program is structured into three modules. The first module, "Taekwondo Identity," delves into understanding taekwondo. Module two, "Self-Development," focuses on personal growth and problem solving and leadership skills. Lastly, module three, "Opportunities," explores avenues for career advancement and success.
 - She continued that in each module, there will be 12 sessions, comprising both recorded and Zoom sessions. These sessions will encompass recorded lectures, homework assignments, and live Zoom meetings. It is important to have a welcoming message from Dr. Chungwon Choue at the beginning if possible.
 - She stressed that at the end of modules, focusing on business management and administration, preparing athletes for entrepreneurship may be needed. Homework includes a SWOT analysis of their own federation, fostering critical thinking. They will attend a lecture on managing expectations, followed by mentor meetings and group problem-solving sessions. Finally, athletes will present their career paths, marking a significant milestone in their journey.
 - **Sister Linda Sim** said that the program is progressive and holistic as it covers all aspects comprehensively.
 - **Mr. Richard Barnor** mentioned that he extends his gratitude for all the hard work put into this. It is an evident that a lot of thought and effort went into considering aspects that many overlook. He was excited about the opportunities this program will provide, especially in the humanitarian realm. He said that he will soon travel to Jordan for THF Hope and Dreams Sports Festival and noted that Taishan has donated Taekwondo equipment in the festival.
 - **Ms. Hadwah Moawad** asked **Mr. Richanrd Barnor** to check with the Taishan whether they can donate the equipment to young lions.
- b. Strategies for delivery of equipment to Young Lions
- **Ms. Hadwah Moawad** mentioned that she sent an email to WT Secretary General, **Jeongkang Seo**, regarding the equipment delivery whether to **Natsiraishe Maritsa** from Zimbabwe, Taekwondo trainer and awardee from the IOC Women and Sport Awards in Africa in 2022, or to others.
- c. Other Matters
- There were no other matters raised by the Committee.

4. Next Committee Meeting

- The next Committee Meeting will be announced in due course..
- Confirm the Time Zone: [Time Zone Converter – Time Difference Calculator \(timeanddate.com\)](https://www.timeanddate.com/time/zone/convert/)



5. Closing of Meeting

- *The meeting was adjourned by the Chair.*